10 warning signs of an abusive relationship

1. Intimidation
Making someone afraid by using looks, actions, or gestures. Smashing things, abusing pets, or displaying weapons.

2. Minimization
Making light of the abuse and not taking concerns about it seriously.

3. Denial & Blame
Saying the abuse didn’t happen and shifting responsibility.

4. Threats
Making and carrying out threats to hurt someone. Threatening to leave, to commit suicide, or to report her/him to the police.